

## TEENAGE CHALLENGES – The DUKE OF EDINBURGH AWARD pg.6



### 1. Who is the Duke of Edinburgh?

The Duke of Edinburgh - **Prince Phillip** is the Queen's (Queen Elizabeth II (the second))'s husband. He was born in 1921.

### 2. When and why did he start the award?

He started a grant - the award programme in 1956 because he wanted young people **to learn to help themselves and to help other people**. It encourages young people to do exciting cultural, social and adventure activities in their free time.

### 3. What/ how many activities do the participants have to complete to achieve the award?

- **To go on expedition** e.g. (for example) to Japan, Sweden, the USA, Great Britain

- **To learn a new practical or social skill** e.g. painting, sewing, looking after animals etc. [et cetera = atd.]
- **To take on a physical challenge** e.g. Learn or improve at a sport e.g. Kayaking, climbing, hiking
- **To do voluntary work**, helping people (work with disabled or elderly people) or the environment, or raise money for charity

### 4. How many levels of award are there? How old do you have to be to get a Gold award?

The award is **for people aged 14 – 25** (to). It has **three levels**, **Bronze** for people aged 14, **Silver** for people aged 15, **and Gold** for people aged 16 and over.

### 5. Who plans which activities the participants do? How long does it take to finish the programme?

Young people usually do the awards at their school or at a local youth group. They decide what they are going to do, and write a plan. It usually takes between one and three years to finish an award.

## VOCABULARY

Challenge = výzva = something that tests **person's ability**

Ability = schopnost = the **physical or mental power**

A Duke = vévoda = **a ruler** of a small country

**An award** [en ewórd] = ocenění , grant, stipendium – a prize [praiZ]

**To encourage** = podpořit, dodat odvalu (kuráž) – **to give confidence** (jistotu)

Exciting [iksajtyng] = vzrušující - fascinating

Culture [kalčr] = kultura – traditions, **habits of a society [sosajety]**

Society = společnost – a group of people living together in a country

Adventure = dobrodružná, dobrodružství – an unusual, exciting and often dangerous activity

**A participant** = účastník – **a person who takes part in** an activity

To take on a challenge = pustit se do

**To achieve** [ečív] = dosáhnout – to finish something successfully

An expedition = expedice – an organized trip

**Skill** = dovednost – **an ability to do an activity or job well**

To look **after** = starat se o – take care of

Physical = fyzický – related to the body

To improve = zdokonalit (se) – to get better

**Voluntary work** [volentery] = dobrovolný – work by people who spend time and energy on something for what they do not get money/ **without being paid**

**Disabled** [disejblɔ] = postižený – not having physical or mental abilities that most people have

Elderly people = starší – polite word for old

Environment = životní prostředí - nature

To raise (money) = vybrat, vydělat peníze – to collect money

**Charity [čerity]** = charita – **a system of giving money, food or help free to those who need it – ill, poor or with no home**

**Task I Match / přiřadte**  
**do, do, learn, go on, spend,**  
**write**

1. \_\_\_\_\_ voluntary work
2. \_\_\_\_\_ an expedition
3. \_\_\_\_\_ a plan
4. \_\_\_\_\_ time
5. \_\_\_\_\_ an activity
6. \_\_\_\_\_ a new skill

**Task II Translate /Přeložte** pg.6/1

Trávit čas prací

Stipendium podporuje mladé lidi

Kulturní, společenské a dobrodružné  
aktivity

Naučit se pomáhat sami sobě

Pomáhat druhým lidem

Lidi ve věku 14-25

Jet na expedici

Praktické dovednosti – malování

Pustit se do fyzické výzvy

Zdokonalit se ve sportu

Dobrovolná práce

Pomocť životnímu prostředí

Pracovat s postiženými a staršími lidmi

Vydělávat peníze na charitu

Udělat plán

**6. Tell about your challenge – your  
plans and reasons for the award**

For my expedition, I'd like to ...  
because I want to.. I like..

For my skill, I'd like to learn how to..  
I'm planning to/ I'm going to.. plánuji..

I prefer going to ... My favourite  
country/ sport is.. so I would like to...