

PART ONE (3-5 Qs)**Health and body care**

36 2,5 min.

I am going to ask you some questions about the topic *Health and body care*. If possible, give detailed answers. If you don't understand a question, please ask me to repeat it.

Are you ready?

- How often do you go to a doctor? Why? Tell me about it.
- What do you do at home when you are ill? Tell me about it.
- Is it important for you to *be/keep fit/eat healthily*? Why?/Why not?
- When did you last have to go to the dentist? How did you feel? Tell me about it.
- What would you do if you found someone lying on the street?
- Who do you think usually takes more care of their bodies - men or women? Why?

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Are you ready?

- What is your favourite way to relax? Tell me something about it.
- What do you personally do to protect your health? Tell me something about it.
- When was the last time you went to the doctor's? Tell me about it.
- Have you ever felt frightened before visiting a *doctor/dentist*? Why? Tell me about it.
- What should people do against stress? Tell me something about it.
- In your opinion what qualities should a good *doctor/nurse* have? Why?

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I am going to ask you some questions about the topic *Health and body care*. If possible, give detailed answers. If you don't understand a question, please ask me to repeat it.

Are you ready?

- What do you do to keep healthy? Tell me about it.
- What is your favourite way of relaxing? Tell me about it.
- When and why did you last see the doctor or the dentist? Tell me about it.
- Who is the healthiest person in your family? Why?
- Do you think people should be vegetarians? Why?/Why not?
- What would you do if you had flu?

Thank you. Now, let's go to Part Two.

PART ONE (3-5 Qs)**Health and body care**

39 2,5 min.

I am going to ask you some questions about the topic *Health and body care*. If possible, give detailed answers. If you don't understand a question, please ask me to repeat it.

Are you ready?

- What do you do to be healthy? Tell me about it.
- Are you afraid of seeing a *doctor/dentist*? Why?/Why not?
- When was the last time you were ill? Tell me about it.
- Would you like to work as a *doctor/nurse*? Why?/Why not?
- What would you do if you saw a car accident?
- Should everyone learn to give first aid? Why?/Why not?

Thank you. Now, let's go to Part Two.

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SPEAKING 2 • page 132

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1 Look at the exam tasks in Exercises 2 and 3. Use tasks a–b to prepare your description.

a Think of answers to these questions.

- What is happening in each picture?
- What has happened?
- What's going to happen?

b Match the phrases below to the correct picture: A or B. Some phrases match both pictures. Write the expressions in the boxes next to the pictures.

car accident sport injury foul paramedics
 stretcher opposite team red card hospital
 play fair ambulance traffic football pitch
 victim first aid



Picture A

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2 Choose one of the pictures and describe it.

3 Compare pictures A and B. The following ideas may help you:

- the situation
 - the causes of the injury
 - the consequences for the injured person
 - your feelings about the situation
- What is similar?
 • What is different?

4 Talk about what you can do to stay healthy and fit.



Picture B

Unit 10: Health

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- 1 Number these phrases in the order in which they would appear in a presentation.

Another important point is...
In addition, ...
... is another important factor of good health.

Finally,
Last but not least...

I hope with this advice and a bit of luck you
will all enjoy and long and happy life. Thank you.

First of all, it is important to...
Firstly, ...

I'm going to talk about...

Secondly, you should...

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- 2 Work in pairs and do the exam tasks below. One of you plays the role of the examiner and should ask the questions from the *Examiner's Script*.

TASK ONE

In **Task One**, you are asked to give a short presentation on the topic **How to Live to be a Hundred Years Old**. The following ideas may help you:

- the right diet
- rest and relaxation
- exercise
- eliminating smoking and alcohol
- avoiding stress
- other

TASK TWO

In **Task Two**, you are going to talk an English-speaking friend about what you do to keep healthy.

Examiner's Script

Task 1: First speak on your own about how to live to be a hundred years old. Are you ready?

Task 2: Now we are going to talk together. What do you do to keep healthy? Do you think that's good enough? I haven't got much time to do exercise. What can I do?

- 3 Now swap roles and do the exam tasks again.

- 4 Look at page 197 and do exercises 1–4.

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- 1 Read the following exam task and complete a student's response to it with the words and phrases from the box.

While your roommate was out her sister called to inform that their mother was ill. Write a note for your roommate, in which you will:

- write about the illness and give details about the treatment
- explain that her sister asked for help
- express your hope that their mother will soon be better

Begin like this: *Hi Jane,*

.....
come and help a bit get well medication
prescribed take things easy the flu
.....

Hi Jane

Your sister Vicky called and said your mum's got

1 _____ . The doctor has been and he
2 _____ some 3 _____ ,

but mostly he just told her to stay in bed and

4 _____ . Vicky would like you to

5 _____ , because she doesn't want

to leave her alone in the house for too long.

I'm sorry about it. But I'm sure your mum will

6 _____ soon.

Take care,

Marketa

maturita *exam*

- 2 Přečtěte si zadání ukázkové úlohy a napište krátkou zprávu.

You are sharing a flat with Jane, a British student. Jane is still sleeping and you have to leave urgently because you have just received a text message from your brother:



Write a note of 60–70 words to Jane, in which you will:

- say that your brother is ill and needs your help,
- say that you might get back home quite late,
- ask her not to forget to feed the cat.

Begin like this: *Hi Jane,*

Research shows that **hospital admissions increase** when there is a full moon, and in the two days following a World Cup defeat.



Listening

A patient record form

- 1 Listen to the nurse get personal details from a patient. As you listen, complete the form.

PATIENT RECORD

Surname
 First name
 Gender M F
 DOB *date of Birth*
 Place of birth
 Occupation
 Marital status
 Next of kin *príbuzni*
 Contact no.
 Smoking intake *príjem*
 Alcohol intake
 Reason for admission
 Family history
 mental illness tuberculosis
 diabetes HIV/AIDS



- 2 Listen again and complete these questions that the nurse asks.

- 1 What _____ you?
- 2 _____ date of birth?
- 3 _____ you born?

- 4 _____ married?
- 5 _____ smoke?
- 6 _____ do you smoke a _____?
- 7 _____ allergic to _____?
- 8 Do any of your _____ family _____ from any of the following ...?

Speaking

- 1 Student As work together in pairs. Student Bs work together in pairs. You are going to play the role of a patient admitted to hospital. Invent the following details.
 - full name
 - date and place of birth
 - allergies
 - smoking and alcohol intake
 - occupation
 - marital status
 - next of kin
 - reason for admission
 - family history
 - medical history
- 2 Student A – you are the nurse. Ask Student B, the patient, questions to complete the patient record below.
- 3 Now change roles.

PATIENT RECORD

Surname
 First name
 Gender M F
 DOB
 Place of birth
 Occupation
 Marital status
 Next of kin
 Contact no.
 Smoking intake
 Alcohol intake
 Reason for admission
 Medical history
 Family history